

RSVP Voluntimes

AmeriCorps Seniors

January 2024



As we ring in the New Year, the RSVP team reflects on the past twelve months and all of the wonderful projects that you are working on throughout the community.

Beginning January 2, 2024, the RSVP Advisory Council is excited to offer the opportunity for RSVP volunteers to apply for a grant to fund their community project. The grant enables RSVP volunteers to enhance their community projects and make a greater impact in Bernalillo County. Applications are available via the RSVP office and the RSVP website at www.cabq.gov/rsvp. The deadline to apply is 5:00 pm on Friday, February 16, 2024. Should you have questions regarding the application process please contact the RSVP office and speak with Cristina.

This past month, the RSVP Advisory Council held its annual retreat and holiday luncheon. During this retreat, the council set their 2024 goals ranging from future grant opportunities for RSVP projects to supporting the RSVP team with ensuring program goals are met. The RSVP team is eternally grateful for the hard work, support, dedication, and valuable knowledge that each council member brings to the program. The program is stronger because of them! If any RSVP volunteers are interested in learning more about or joining the RSVP Advisory Council, please contact the RSVP office.

RSVP has grown tremendously over the past twelve months with our program reaching over 400 volunteers dedicating their time to serving the community! The RSVP team works hard to spread the word about the amazing projects that you are working on and growing the program. It is our goal to continue this growth in 2024. If you know of any Seniors 55+ who are interested in joining RSVP, please have them contact the RSVP office at (505) 767-5225.

Our team would like to wish you all a very happy and healthy new year! Thank you for your continued dedication to serving our community. We appreciate every one of you!

Until we see each other again, be well and stay safe. *Cristina, Isaiah, and Mailiya*

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DSA Administration



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RSVP Staff

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RSVP Office

714 7th Street SW Albuquerque, NM 87102 505-767-5225

Office Hours

Monday -Friday 8:00 a.m.-5:00 p.m.

AmeriCorps Seniors RSVP promotes the engagement of older persons as community resources in planning for community improvement and in delivery of volunteer services.

Updates & Reminders

Important Dates

1/1: **CLOSED** - New Year's Day

1/9: New Volunteer Orientation

1/10: Senior Health & Wellness Fair

@Paradise Hills Community Center

1/10: MLK Day of Service

1/15: CLOSED - MLK Day

1/24: Aging Well in NM Day



RSVP Advisory Council Grant

The 2024 RSVP Advisory Council Grant application will be available starting January 2nd and is due no later than 5:00 pm on February 16th.

This grant enables RSVP volunteers to enhance their community projects to make a greater impact on the Bernalillo County community. Interested applicants can pick up an application at the RSVP office or download it from the RSVP website at www.cabq.gov/rsvp beginning January 2, 2024.

For questions regarding this grant, please contact RSVP Supervisor Cristina Romero-Baca at (505) 767-5225.



Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

Advisory Council Members

President Vice President

Amy Fisher Sonyia Hartwell

<u>Secretary</u>

Andrea Garcia-Lansford

Judy Spear Marlene Sena

Tomas Lujan Greg Hallstrom

Mary Anaya Millie Martinez

Marie Morra Dorothy Garcia

Michele Watkins

Spotlight

This month we shine the spotlight on ...

volunteers celebrating 1 year with us!

Rafaelita Alderete Jeffery G. Allen Paul R. Allen Michael Arruti Julia Beach Joseph Beman Rodica Bendor James Berdine Michelle Bianchi Donna Boyle Charles R. Braze Paul Brennan Marianna Breton Jerilyn Burzin Daryl Carmer **David Castle** Michale D. Chavez Katheleen Compton Christine Dahl Robert M. Fass **Charles Garner** Margaret Garner Carl Gervais Joann Gonzales Gerald F. Grennier Jr. Charlotte Gwynn

Debra J. Happ Sonyia Hartwell Joseph Heine Theodore Hensley Leslie Herman Marna Herrick Silviano Jaramillo Nadine Jimenez Luis A. Jogler Shannon Jones Coleen Kelly Diana Koster Patricia Lake Martha Landes Julian E. Lopez Aurelia E. Lucero Vivian D. Maheu Emily Manfredi Yvonne Mangrum-Spicer Frank Marquez John Martin **Phil Martinez** Michelle Massie **Delores McKinney** Shirley Mejia Anne Merkley

★★★★

Peter Mitchko Karen Morton Celina Muniz Geri Lynn Newton Charlotte O'Connor Mark A. Olsen Janet Orona Dina Otero Michael Owen Leroy Pacheco Wallace Payne Rose Lillie Ouist Joni Ritz Olivia Rivera Carl E. Roth Annabelle Savedra Suzanne Shannon **Henry Shonerd** Jody Steigler Edward James Sullivan Jo Anna Tahvi Robert R. Teel Josephine T. Trujillo Jabeen Vagh Shannon Vaughn Joe D. Vigil

Tom Wagner Michele Watkins Catherine Weidle Bill Weiland Michele M. Worm Michael Yanes **Yixin Zhang** Catherine Apodaca Mary Jo Daniel Lori Dittmer Calvin Harris Steven Hilliard Dora Johnson Mary K. Lyon Mary Jean Mulherin Cynthia Noleszenski Sandra Olszewski Harold Ortiz Mohammad Kazem Ranjbaran Amalia Saiz Beva Sanchez-Padilla Marilee Sandeers

HAPPY

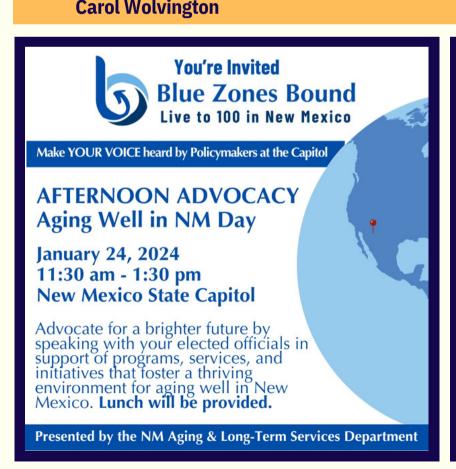
NNIVERSARY

All of us here at RSVP want to congratulate our newest group of incredible volunteers on their 1 year anniversary of joining our program! We can't wait to see the amazing contributions you all will continue to make within our program and the Albuquerque Community in the years to come.

Celebrations

January Birthdays

				_	
1st	Millie Martinez	13th	Pablo Candelaria Josie Tennant	23rd	Loretta Candelaria
5th	Debra Cox			24th	Timothy P. Hoffman
Oth	Louise Milhollin	15th	Mary Jean Mulherin	25th	Ramona S. Simmons
6th	Charlene Gabaldon	16th	Paul Nunez	26th	Catherine Lawrie
	Sam Caldwell	17th	Karen L. Jonak		
7th	Jody Stiegler Wayne Webster	18th	William J. Balch	27th	Joe Lopez
0.1				29th	Joseph S. Chavez
8th	Sonyia Hartwell	19th	Donna Abbott Williams Gornall	30th	Lori Dittmer
9th	Charles Foster		Carl Gervais	(10
	Silviano Jaramillo	21st	Mara Kerkes	,	Juppy
1 0 + 1-	Michelle Massie Suzanne Shannon	22nd	Catherine Weidle	A	Lieth dans
TZT				C	JUMUWY





Hoffmann

Simmons

Opportunities

Adelante Development Center Albuquerque Bio Park Education Albuquerque Little Theater Albuquerque Museum Albuquerque Police Department Albuquerque Reads Alzheimers Association Anderson/Abruzzo International Balloon Museum Animal Welfare Department **Aviation Department** Barelas Senior Center Bear Canyon Senior Center Catholic Charities City of Albuquerque Open Space Dress for Success DSA Advisory Council DSA Case Management **DSA Home Services** DSA Information & Assistance **DSA Nutrition** DSA Satellite Meal Sites

Volunteer Stations

DSA Transportation Every Ability Plays Project Explora Science Center Friends of Valle de Oro Highland Senior Center Hospice De La Luz Indian Pueblo Cultural Center Joy Junction Los Volcanes Senior Center Lovelace Women's Hospital Manzano Mesa Multigenerational Center Maxwell Mus. of Anthropology Meals on Wheels Musical Theatre Southwest Nat. Hispanic Cultural Center New Mexico Kids Matter New Mexico Ramp Project New Mexico Veterans Memorial NM Museum of Nat. Hist. and Science NM Aging & Long-Term Services

NM Commission for the Blind NM Long-Term Care Ombudsman North Domingo Baca M.C. North Valley Senior Center Palo Duro Senior Center Popejov Hall Presbyterian Healthcare Services Presbyterian Northside ProMedica Hospice Read to Me Albuquerque Network Roadrunner Food Bank Ronald McDonald House Charities **RSVP** RSVP Advisory Council Storehouse Tender Love Community Center University Hospital VA Center for Development and Civic Enq Visit Albuquerque Western Sky Community Care



DSA Sports & Fitness

Drivers Needed

The Department of Senior Affairs is in need of more volunteer drivers for senior center activities such as aquatics, field trips, hiking groups, fishing clubs.

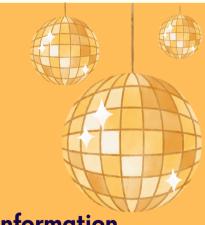
<u>Special Projects</u>

MLK DAY OF SERVICE

RSVP is looking for 10 volunteers to participate in our annual MLK Day event. This year our group will partner with Roadrunner Foodbank to pack and sort food boxes to distribute throughout the community.

Senior Health Fair

Paradise Hills Community Center is looking for 5 volunteers to assist with ushering attendees at the Senior Health Fair on January 10, 2024.



Information 8 Assistance

Wings For LIFE International

DSA 18A is looking for volunteers to assist with providing senior resource materials at local outreach events.



January 2024
The Department of Senior Affairs Senior Meal Program is proud to be

The Department of Senior Affairs Senior Meal Program is proud to be part of the New Mexico Grown state initiative to provide locally sourced fruits, vegetables, beans, and chile, ensuring our seniors a healthy meal.



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
2024 HAPPY NEW YEAR	 Beef tip w/bowtie pasta Breadstick Steamed broccoli Yogurt 1% milk 	 Turkey pot pie Steamed broccoli Sliced beets Apple 1% milk 	Omelet w/cheese, mushroom, spinach Diced potatoes Spinach Jell-O 1% milk	Pork chop w/gravy Brown rice Peas Mixed fruit 1% milk
8	9	10	11	12
 Hot dog w/bun Steak fries w/ketchup Green beans Applesauce 1% milk 	 Chicken alfredo w/green chile Steamed carrots Steamed broccoli Orange 1% milk 	 Baked cod w/tartar sauce Peas Corn bread Chocolate chip cookie 1% milk 	Meatloaf w/tomato gravy Diced red potato Collard greens Vanilla pudding 1% milk	Pork chop over brown rice w/sweet & sour sauce Stir fry vegetables Peach cobbler 1% milk
15	16	17	18	19
Martin Luther King Jr. Day	 Sloppy joe w/hamburger bun Brussel sprouts Cinnamon apples 1% milk 	Green chile chicken posole w/flour tortilla Corn Roasted carrots Chocolate pudding 1% milk	 Baked Ziti Breadstick Green beans w/ tomatoes Pineapple 1% milk 	 BBQ pulled pork Carrots Broccoli Grapes 1% milk
22	23	24	25	26
 Ground beef w/onions and mushrooms Mashed potatoes Black-eyed peas Chocolate chip cookie 1% milk 	 Carne adovada (pork, red chile) Pinto beans Spanish rice Applesauce 1% milk 	 Baked cod over brown rice w/tarter sauce Cauliflower Spinach Mandarin oranges 1% milk 	 Ham mac & cheese w/broccoli Sweet potatoes Cherry cobbler Mixed fruit 1% milk 	Chicken parmesan w/ marinara and cheese Brown rice Steamed carrots Yogurt 1% milk
29	30	31	1	2
 Texas chili: ground beef, kidney beans Corn bread Succotash Diced pears 1% milk 	Pork egg rolls w/sweet & sour sauce Rice pilaf Oriental vegetable blend Fortune cookie 1% milk	Omelet w/bell pepper and onion Diced potatoes Stewed tomatoes Jell-O 1% milk	Roasted lemon chicken Sweet potato Steamed broccoli Tapioca pudding 1% milk	Baked Cajun salmon over brown rice Brussel sprouts Steamed carrots Pineapple 1% milk